



California Ironworkers Field Welfare Plan  
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**DISCLOSURE OF PATIENT PROTECTIONS & CHOICE OF PROVIDERS**  
**(KAISER PERMANENTE ENROLLEES)**

Personal Plan Physicians provide primary care and play an important role in coordinating care, including hospital stays and referrals to specialists.

Kaiser Permanente encourages you to choose a personal Plan Physician. You may choose any available personal Plan Physician. Parents may choose a pediatrician as the personal Plan Physician for their child. Most personal Plan Physicians are Primary Care Physicians (generalists in internal medicine, pediatrics, or family practice, or specialists in obstetrics/gynecology whom the Medical Group designates as Primary Care Physicians). Some specialists who are not designated as Primary Care Physicians but who also provide primary care may be available as personal Plan Physicians. For example, some specialists in internal medicine and obstetrics/gynecology who are not designated as Primary Care Physicians may be available as personal Plan Physicians.

To learn how to select a personal Plan Physician, please refer to *Your Guidebook* or call Kaiser's Member Service Call Center. You can find a directory of Plan Physicians on Kaiser's website at [kp.org](http://kp.org). For the current list of physicians that are available as Primary Care Physicians, please call the personal physician selection department at the phone number listed in *Your Guidebook*. You can change your personal Plan Physician for any reason.

You do not need a referral or prior authorization from any person (including a personal plan physician) in order to obtain access to obstetrical or gynecological care from a health care professional who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. Please see your Evidence of Coverage for more information.

For Language Assistance:  
Para obtener asistencia en Español, llame al 1-800-527-4613  
如果需要中文的帮助, 请拨打这个号码 1-800-527-4613