



California Ironworkers Field Welfare Plan
131 N El Molino Avenue Suite 330 Pasadena CA 91101
(626) 792-7337 Phone (626) 578-0450 Fax www.ironworkerbenny.com

February 1, 2019

Re: Biometric Screening Requirements for 2020 Benefit Coverage
SMM for Employees, Dependents and COBRA beneficiaries of the California Ironworkers Field Welfare Plan
Member ID: MEMBER ID

Dear Participant:

This Summary of Material Modifications (SMM) will advise you of what you need to do in order to continue to be covered under the Premier Plan throughout 2020, or to enroll in the Premier Plan for the first time if you are currently in the Basic Plan, as there are certain actions that you need to take by September 30, 2019. It will also inform you of changes that have been made to the Reinforcing Smart Choices Program.

This information is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully and keep it with your copy of the Summary Plan Description. Capitalized terms in this SMM have the same meaning as in your Summary Plan Description.

Your Biometric Screening Must Be Completed by September 30, 2019!

As part of that Reinforcing Smart Choices Program, you and your covered spouse (or domestic partner) are required to have a Biometric Health Screening in order to be enrolled in the Premier Plan (which has a higher level of medical plan benefits than the Basic Plan). As a reminder, the Biometric Health Screening includes lab work and an assessment of blood pressure and weight. More information about the biometric screening is on the next page.

- **If you and your Dependents are currently enrolled in the Premier Plan and wish to maintain that level of benefits**, you and your covered spouse must once again complete your Biometric Health Screening by September 30, 2019, in order to remain enrolled in the Premier Plan throughout the 2020 calendar year. **However, if BOTH YOU AND YOUR SPOUSE completed your Biometric Screenings between January 1, 2019 and today, you do not need to have a new screening performed and there is nothing for you to do.**
- **If you and your Dependents are currently enrolled in the Basic Plan and wish to have your benefits changed to the Premier Plan**, you and your covered spouse must complete your Biometric Health Screening by September 30, 2019, in order to be enrolled in the Premier Plan beginning January 1, 2020.

****IMPORTANT INFORMATION****

There is a 90-day mandatory waiting period which will begin on the 1st of the month following the date on which you and your spouse have both completed your screening. Your Premier Plan benefits will begin on the 1st of the month following the 90-day waiting period.

¹ Whenever the term "covered spouse" appears in this notice, it includes your domestic partner who is enrolled for coverage as your dependent under the California Ironworkers Field Welfare Plan.

For Language Assistance:
Para obtener asistencia en Español, llame al 1-800-527-4613
如果需要中文的帮助, 请拨打这个号码 1-800-527-4613



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You and your covered spouse may get your Biometric Health Screening completed at a Quest Diagnostic lab location or at your Primary Care Physician's (PCP's) office. If you prefer to have your Biometric Health Screening done in your PCP's office, please contact the Plan for a Biometric Screening Exception Form that your PCP will need to complete and also fax to Quest.

Biometric Health Screening is an important component of your comprehensive health and wellness program with the Fund. The screening includes taking a sample of blood that will be measured for glucose, cholesterol and nicotine. The screening also includes blood pressure measurement as well as height and weight measurement so that your Body Mass Index (BMI) can be calculated. If any of the screening results are not within the normal range, it means you may have some potential health risks and you and your Physician should discuss a plan of action.

Having your Biometric Health Screening does not guarantee that you have eligibility for health and welfare benefits under the Plan. You must still earn and maintain your eligibility by working sufficient hours for a Contributing Employer to have coverage from the Plan.

If you and your covered spouse do not have your Biometric Health Screening done by September 30, 2019, you and all of your enrolled/eligible family members will be enrolled into the Basic Plan on January 1, 2020. The Basic Plan of benefits requires higher copayments (and, in the Z Coverage Plan, higher coinsurance) than the Premier Plan for some medical services and for prescription drugs, leaving you with more out-of-pocket costs.

****IMPORTANT INFORMATION****

There is a 90-day mandatory waiting period which will begin on the 1st of the month following the date on which you and your spouse have both completed your screening. Your Premier Plan benefits will begin on the 1st of the month following the 90-day waiting period.

Biometric Screening with QUEST

Attached are instructions on how to schedule an appointment at a Quest Diagnostics Patient Service Center. For this purpose, go to <http://my.questforhealth.com>, and please note:

- The registration key is: CAFieldironworkers
- The Anthem Blue Cross ID for the Employee is: ID,123456X78
- The Anthem Blue Cross ID for the spouses or domestic partner is: 123456X78 + S

As an alternative, you can call Quest at 1-855-623-9355 for assistance.

If you have questions about the Biometric Health Screening, eligibility or enrollment in medical plan benefits, please contact the Trust Fund Office at (800) 527-4613 x2155.

Receipt of this notice does not constitute a determination of your eligibility for benefits.

In accordance with ERISA reporting requirements, this document serves as your Summary of Material Modifications to the Plan. Please keep it with your Summary Plan Description and other important plan documents. Should you have any questions, please contact the Trust Fund Office at (800) 527-4613.

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