



California Ironworkers Field Welfare Plan  
131 N El Molino Avenue Suite 330 Pasadena CA 91101  
(626) 792-7337 Phone (626) 529-1344 Fax [www.ironworkerbenny.com](http://www.ironworkerbenny.com)

May 1, 2019

NAME  
ADDRESS  
CITY

Re: 2<sup>ND</sup> Annual California Field Ironworkers Trust Funds  
Medical and Retirement Benefits Information Days  
Member ID: Member ID

Dear Ironworker Participant:

We are pleased to announce our 2<sup>nd</sup> Annual California Field Ironworkers Trust Funds Medical and Retirement Benefits Information Day. As an enhancement, this year this event will be held at multiple locations! The meeting dates and locations for 2019 are as follows:

- ✓ **Thursday, June 13, 2019, 4:00p.m. to 7:00p.m.**  
**Ironworkers Union Local 378**  
3120 Bayshore Road  
Benicia CA 94510  
*Kaiser Wellness Class will be held from 6:30p.m. - 7:00p.m. (Open to Kaiser Members only; no appointment is necessary).*  
*Quest Diagnostic Biometric Screenings will be performed from 4:00p.m. – 7:00p.m. by appointment only. Please note: You must schedule your appointment with Quest on or before 05/30/2019, for this event date).*
  
- ✓ **Friday, June 14, 2019, 4:00p.m. – 7:00p.m.**  
**Ironworkers Union Local 377**  
570 Barneveld Avenue  
San Francisco CA 94124  
*Kaiser Wellness Class will be held from 6:30p.m. - 7:00p.m. (Open to Kaiser Members only; no appointment is necessary).*  
*Quest Diagnostic Biometric Screenings will be performed from 4:00p.m. – 7:00p.m. by appointment only. Please note: You must schedule your appointment with Quest on or before 05/31/2019, for this event date).*

For Language Assistance:

Para obtener asistencia en Español, llame al 1-800-527-4613 \*\* 如果需要中文的帮助, 请拨打这个号码 1-800-527-4613



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✓ **Saturday, June 22, 2019 from 9:00a.m. - 2:00p.m.**

Pasadena Scottish Rite Event Center (*located directly behind the Trust Fund Office in Pasadena*)  
150 North Madison Avenue  
Pasadena CA 91101

*Two Kaiser Wellness Classes will be held. The first from 9:30a.m. to 10:00a.m. and again from 1:00p.m. to 1:30p.m. (Open to Kaiser Members only; no appointment is necessary).*

*Quest Diagnostic Biometric Screenings will be performed from 9:00a.m. – 2:00p.m. by appointment only. Please note: You must schedule your appointment with Quest on or before 06/08/2019, for this event date).*

✓ **Friday, July 12, 2019 from 4:00p.m. to 7:00p.m.**

**Ironworkers Union Local 118**  
2840 El Centro Road Ste. 118  
Sacramento CA 95833

*Kaiser Wellness Class will be held from 6:30p.m. - 7:00p.m. (Open to Kaiser Members only; no appointment is necessary).*

*Quest Diagnostic Biometric Screenings will be performed from 4:00p.m. – 7:00p.m. by appointment only. Please note: You must schedule your appointment with Quest on or before 06/28/2019, for this event date).*

**Why should I attend a Medical and Retirement Benefits Information Meeting?** The Trust Fund Office Benefits Staff will be available to answer all of your benefit questions. There will also be representatives in attendance from Anthem Blue Cross, Kaiser Permanente and The Vanguard Group.

**What if I am currently on the Premier Plan of benefits and want to continue on the Premier Plan?**

All Active members are required to have a Biometric Screening for 2019, as this is part of the Premier Plan's Requirement as this is a compliance year for all Active members and their spouses. Therefore, you must complete this requirement between January 1, 2019, and no later than September 30, 2019, to remain on the Premier Plan of benefits on January 1, 2020.

**What if I am not currently on the Premier Plan of benefits and I attend the Medical and Retirement Benefits Meeting?**

Because you attended one of our events (member and spouse, if applicable) and complete your Reinforcing Smart Choices Program requirement, we will waive the 90-day waiting period and your benefit coverage will change to the Premier Plan on the 1<sup>st</sup> of the month following the attended event.

If you are enrolled in the Fee For Service Plan, you must register with Quest and make an appointment in advance to complete your Biometric Screening at one of the events listed in this notice. Please see the enclosed **Instructions for Quest Biometric Screening Registration** to schedule your appointment for one of our events.

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**If you are enrolled with Kaiser Permanente, no appointment is necessary.** Simply attend one of our events and attend the class being held on the date and time(s) indicated.

Should you have any questions or require additional information regarding any of the listed events, please do not hesitate to contact the Trust Fund Office at (800) 527-4613 x7000.

Sincerely,

California Field Ironworkers Trust Funds

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## **Instructions for Quest Biometric Screening Registration**

If you are currently covered under the Fee For Service Plan (Anthem), you may begin the registration process for your biometric screening by going to [My.QuestforHealth.com](http://My.QuestforHealth.com)

**If you've already established an account online with Quest Diagnostics**, use the **log in** area to enter your username and password and select the green Log In button.

**If you've forgotten your login information**, use the **forgot your username / password** links to retrieve your username or the password link to reset your password.

**If you've never registered on the Quest site**, to establish an account, use the Create Account area and follow the steps below:

- ✓ Enter the registration key: CAFieldironworkers and select the Register Now button.
- ✓ Follow the authentication prompts of: Please enter your Anthem Blue Cross ID (for example; 123456X78), for a spouse member Anthem Blue Cross ID with an S on the end (for example; 123456X78S) and date of birth.
- ✓ Once your eligibility has been confirmed and your personal information matched, you will be able to select to participate at either one of our onsite events, at a local Quest Patient Service Center, or by a Physician's results form.

**If you need assistance scheduling or prefer to register by phone, the Quest Support Center is available to help, please contact Quest at (855) 623-9355. Please note that all appointments for screenings to be performed at one of our onsite events must be completed no later than the date indicated for each meeting on the enclosed Participant notice, and no one will be able to register either online or by phone after the given date. Walk Ins to an onsite event will not be accommodated.**

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## **Instructions for Kaiser Permanente Enrolled Participants**

As Kaiser enrollees, as a part of the Reinforcing Smart Choices Program, in order for you and your Dependents to qualify for the Kaiser HMO Premier Plan you and your covered spouse (if applicable) must each complete one of the following Reinforcing Smart Choices Program requirements:

- ✓ Take an online Health Risk Assessment; or
- ✓ Take an online Health Improvement course (more information below); or
- ✓ Attend one of the following Kaiser Permanente Health Education classes:
  - For patients with a chronic illness, our Living with Chronic Illness class.
  - For pregnant members, this would include attending one of our on-site prenatal classes.
- ✓ Another option is to attend a health education class in person, to be provided at one of the onsite events listed in this notice.

To take the on-line health risk assessment you must register and be signed on to Kaiser's website. If you haven't registered yet, start by *going to [kp.org/register](http://kp.org/register)*. Once you have registered on [kp.org](http://kp.org), go to My Health Manager and choose "My medical record." Once you've completed the online questionnaire, you'll receive a customized action plan to help you succeed in creating a healthier lifestyle.

**If you and your spouse (if applicable) would rather attend an in-person health education class, this is your opportunity!** Simply choose any one of the onsite events listed on the attached Participant notice and attend the Healthy Sleep Class that will be held at each location on the date and time indicated. A Trust Fund Representative will be present to record your attendance and you will be compliant for 2020 Premier Plan benefits (and 2019, if you are not currently on the Premier Plan of benefits).

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